

Action

Collaboration

Knowledge

LEAP Core Course

Learning Essential Approaches to Palliative Care

Pallium Canada's LEAP Core is an interactive 14 hour course that offers interprofessional clinicians competency-based palliative care education based on Canadian realities and current best evidence. **This group learning program has been certified by the College of Family Physicians of Canada for up to 28 Mainpro+ credits.**

Content includes:

- ◆ Being Aware
- ◆ Taking Ownership in Palliative Care
- ◆ Pain in Palliative Care
- ◆ Decision Making in Palliative Care
- ◆ Hydration, Nutrition & GI Symptoms
- ◆ Delirium in Palliative Care
- ◆ Grief
- ◆ Respiratory Symptoms in Palliative Care
- ◆ Psychological and Spiritual Care
- ◆ Advance Care Planning
- ◆ Essential Conversations in Palliative Care
- ◆ Last Hours and Days
- ◆ Palliative Sedation
- ◆ Resources & Quality Improvement

Facilitators: Palliative care champions and educators who promote an interdisciplinary team approach to care. Facilitators are certified by Pallium Canada and each course is generally co-facilitated by of one physician, one nurse, and one social worker.

Scheduling: Varies depending on participant needs - can be 2 half days plus one full day or 2 full days (e.g. could be run on Friday evening, all day Saturday, and Sunday morning, or on two consecutive Fridays, or weekdays).

Cost: LEAP Core is \$265 for interprofessional health care providers (\$340 for physicians) working in agencies funded by the MOH or LHIN. Further subsidies may be available.

Audience: Physicians, nurse practitioners, registered nurses, pharmacists and other professional disciplines (e.g. spiritual care, social work, OT/PT, paramedicine, recreational therapy, dietitian, etc.)

CERAH coordinates LEAP courses in Northwestern Ontario based on identified need and interest. Other LEAP products coordinated by CERAH include: LEAP Online, LEAP Mini, LEAP LTC, LEAP Paramedic. Etc.

A minimum of 12 participants are required to run the course and registration is capped at a maximum of 25 participants.

Contact Stephanie Hendrickson shendric@lakeheadu.ca for more information and visit www.pallium.ca to learn more!



Lakehead
UNIVERSITY

Centre for
Education and Research
on Aging & Health