

## **Knowledge | Collaboration | Action**

## PALLIATIVE CARE FOR FRONTLINE WORKERS

Enhance your skills in delivering exceptional palliative & end-of-life care to clients and caregivers with CERAH's Palliative Care for Frontline Workers Course <image>

As our population ages and health challenges evolve, the demand for skilled palliative care is more crucial than ever.

This course, tailored to the learning needs and preferences of frontline care providers, offers flexible learning to enhance skills in palliative care. Feedback from past participants highlights a significant boost in comfort and confidence in providing palliative care after completing the course.

## **Content Includes**

- Introduction to Palliative Care
- Setting the Stage
- Physiology of Dying
- Pain
- Working with Individuals & families
- Advance Care Planning
- Culture
- Grief & Bereavement
- Helping Relationships & Self Care
- Working within a TEAM

<b>Duration:</b>	15 hour certificate course (typically delivered over 6 sessions or 2 full days)
Location:	Face to face in Thunder Bay and Northwestern Ontario communities, and/or Online via the Zoom platform
Facilitators:	Delivered by a variety of experienced professionals: Nursing (community, long-term care, hospital settings), Spiritual Care, Social Work, etc.
Audience:	Frontline Care Providers (i.e. Hospice Palliative Care Volunteers, PSWs, RPNs, RNs, Social Workers)
Investment:	Please contact CERAH for more information on costs at (807) 343-8010 Ext. 7271 or cerah@lakeheadu.ca

## For more information, please contact Stephanie Hendrickson at shendric@lakeheadu.ca or call (807) 343-8010 Ext. 7271