



# PALLIATIVE CARE FOR FRONTLINE WORKERS IN INDIGENOUS COMMUNITIES

In partnership with Indigenous Services Canada, First Nations & Inuit Health - Ontario region, Lakehead University's Centre for Education and Research on Aging & Health (CERAH) is pleased to offer education to health and social care staff from across the province of Ontario

*The workshops listed below are all the same. Please choose only one.*

## ORILLIA

**June 26-27, 2024**

8:30 AM to 4:30 PM  
(both days)

REGISTRATION DEADLINE: June 14, 2024

## VIRTUAL

**July 3, 10, 17, 24, 2024**

10:00 AM - 1:00 PM  
(on all dates)

REGISTRATION DEADLINE: June 14, 2024

## THUNDER BAY

**Aug. 21-22, 2024**

8:30 AM - 4:30 PM  
(both days)

REGISTRATION DEADLINE: August 9, 2024

## TIMMINS

**Oct. 8-9, 2024**

8:30 AM - 4:30 PM  
(both days)

REGISTRATION DEADLINE: Sept. 27, 2024

## LONDON

**Nov. 13-14, 2024**

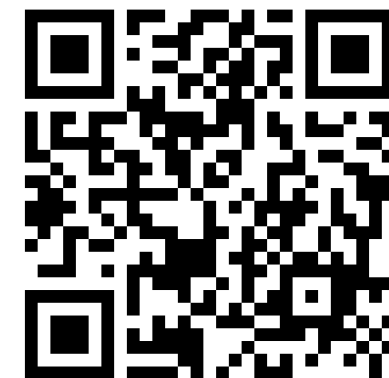
8:30 AM - 4:30 PM  
(both days)

REGISTRATION DEADLINE: Oct. 30, 2024

**Registration is required for all.**

**Register [HERE](#)**

<https://forms.gle/Fzd5yb8Jjyzo23129>



All information (preferred name in full, email address, dietary restrictions) is required

Registrations will be confirmed by email once the registration deadline has passed! Workshop venue and hotel information will also be shared by email.

**TRAVEL GRANTS AVAILABLE!**

Please see attached letter for more details



## WORKSHOP INFORMATION

### WHY?

This 15-hour course is introductory-level, providing an overview of key palliative care concepts, tools and resources.

### WHO?

The intended audience are front-line care providers working in Indigenous communities, with registration priority being given to Home & Community Care staff who have not previously attended.

### LEARNING TOPICS

- Understanding the Palliative Approach to Care
- Working with Individuals & Families
- Advance Care Planning
- Pain & Other Symptoms
- Last Days and Hours
- Grief and Loss
- Helping Relationships and Self-Care
- Community Care Teams

## MORE INFORMATION

Workshops will be facilitated by a team of registered nurses, social workers, and a local Elder or Knowledge Carrier.

All learning resources will be provided in hardcopy with additional resources shared by email.



*knowledge*

*collaboration*

*action*

## **Palliative Care for Frontline Workers in Indigenous Communities Workshops**

In partnership with Indigenous Services Canada (ISC), First Nations & Inuit Health Branch—Ontario region, Lakehead University's Centre for Education and Research on Aging & Health (CERAH) is pleased to offer five *Palliative Care for Front-Line Workers in Indigenous Communities* workshops. The registration poster provides a complete list of locations and dates.

These workshops can accommodate 30 people each. Spots will be filled on a first-come, first-served basis.

### **Travel Details:**

Travel arrangements must be ***booked and paid for by training participants directly, or by their First Nations community/organization.*** This includes flights, mileage, hotels, parking and meals (outside of the workshop).

Participants must also book and pay for hotels and incidentals directly or through their First Nations community/organization.

### **Travel Grant Reimbursements for staff working in First Nations communities**

Following the workshop, we will be offering a travel grant to cover ***partial*** travel costs.

- A ***maximum amount of \$2000 per person*** has been allocated for participants travelling in from ***remote/fly-in*** First Nations communities in Northern Ontario.
- A ***maximum amount of \$1000 per person*** has been allocated for all other participants travel.

Please see the attached invoice template. You must fill out the invoice template and return it to Holly Prince at [hprince@lakeheadu.ca](mailto:hprince@lakeheadu.ca) following the workshop. The payment will then be mailed to your First Nations community/organization at the address provided on the invoice.

**Please note:** Travel grant reimbursements will only be provided for people who attend the training. We will not reimburse expenses if a person can no longer attend the training and needs to cancel.

### **Next Steps:**

Registration confirmations will come from Jessica Wyatt, Knowledge Broker at CERAH following the registration deadline for each event.

# INVOICE FOR PALLIATIVE CARE FOR FRONT-LINE WORKERS IN INDIGENOUS COMMUNITIES WORKSHOP TRAVEL EXPENSES

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Location of Workshop: \_\_\_\_\_

Date of Workshop: \_\_\_\_\_  
\_\_\_\_\_

Invoice to: Lakehead University  
Accounts Payable  
955 Oliver Road  
Thunder Bay, ON  
P7B 5E1

Submitted on: \_\_\_\_\_

MONTH / DAY / YEAR

<b>PARTICIPANT NAME (first and last name)</b>	<b>TRAVEL AMOUNT CLAIMED</b> <ul style="list-style-type: none"><li>• \$2000 per person for participants coming in from remote/fly-in communities from Northern Ontario</li><li>• \$1000 per person for all other participants</li></ul>

**GRAND TOTAL: \$** \_\_\_\_\_

Please make cheque payable to:

Community/Organization Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

City/town, Postal Code: \_\_\_\_\_  
\_\_\_\_\_

Name of Chief/Designate or Finance Manager: \_\_\_\_\_

Signature: \_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_\_\_  
\_\_\_\_\_