



Lakehead
UNIVERSITY

Centre for
Education and Research
on Aging & Health



CENTRE FOR Education and Research on Aging & Health

Knowledge | Collaboration | Action

ANNUAL REPORT 2024-2025

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1. HUMAN RESOURCES

1.1 Core Staff Members

Name	Title	Date
Kathy Kortes-Miller, MSW, Ph.D.	Director	July 1, 2021 - present
Idevania Costa, RN, NSWOC, MN, Ph.D.	Associate Director	June 2024 - present
Kassandra Fernandes, MPH, Ph.D. (Cand.)	Curriculum Developer	May 1, 2021 - present
	Knowledge Broker	August 15, 2023 - March 31, 2024
Stephanie Hendrickson, MSW	Knowledge Broker	December 15, 2011 - present
Jiaqi Li, BA, MA, M.Ed	Research Coordinator	July 2, 2024 - March 31, 2025
	Research Coordinator / Knowledge Broker	April 1, 2025 - present
Carlina Marchese, MHSc	Research Coordinator & Research Manager	June 24, 2019 - July 13, 2022
	Knowledge Broker	August 29, 2022 - present
Holly Prince, MSW, Ph.D.	Project Manager	September 1, 2007 - present
Maydena Remenda, RSW, MSW, Specialization in Gerontology	Project Assistant	October 2023 - March 2024
	Knowledge Broker	March 4, 2024 - present
Trisha Wilson, RSW	Knowledge Broker	February 13, 2025 - present
Jessica Wyatt, BEd., MA, PMP	Knowledge Broker	May 6, 2008 - present

1.2 Other Part-Time Staff Members

CERAH also employs research assistants, project assistants and education facilitators on a fixed-term basis, depending on projects and research grants:

- Margaret Bannon, Palliative Care Education Facilitator, April 1, 2021 - present
- Leonard Benoit, Palliative Care Education Facilitator, April 1, 2021 - present
- Marlene Benvenuto, Palliative Care Education Facilitator, April 1, 2021 - present
- Holly Cowan, Palliative Care Education Facilitator, February 26, 2024 - present
- Sherri Henderson, Palliative Care Education Facilitator, April 1, 2021 - present

- Seunghyun Kim, Dementia Café Program Assistant, October 2023 - August 2024
- Jill Marcella, Palliative Care Education Facilitator, September 24, 2020 - present
- Jessica McAnulty, Palliative Care Education Facilitator, November 6, 2024 - March 31, 2025
- Gabrielle Prince, Workshop Assistant, January 19, 2024 - present
- Kimberly Ramsbottom, Palliative Care Education Facilitator - September 24, 2020 - present
- Maaja Sepa, Dementia Café Coordinator – April 2024 - Present
- Melissa Stevenson, Palliative Care Education Facilitator - April 1, 2023 - present
- Joanna Vautour, Palliative Care Education Facilitator - September 24, 2020 – present

1.3 Students

- Abbey Hunter, Master of Public Health (September 2024 - present)
- Kay-Lynn (KC) Craig, Honours Bachelor of Social Work (January 2024 - June 2024)
- Maaja Sepa, Master of Health Sciences, Specialization in Gerontology (September 2023 - August 2025)
- Seunghyun Kim, Master of Health Sciences, Specialization in Gerontology (September 2022 - August 2024)

1.4 Research Affiliates

The following individuals are listed as CERAH Research Affiliates:

- Joan Braun, Ph.D, Bora Laskin School of Law
- Ide Costa, Ph.D., School of Nursing
- Kristen Jones-Bonofiglio, PhD, School of Nursing
- Taryn Klarner Read, PhD Department of Kinesiology
- Anna Koné Péfoyo, PhD Department of Health Sciences
- Kathy Kortes-Miller, PhD, School of Social Work
- Lynn Martin, PhD, Department of Health Sciences
- Ian Newhouse, PhD, Department of Kinesiology
- Nisha Sutherland, PhD, School of Nursing
- Elaine Wiersma, PhD, Department of Health Sciences, Dementia and Seniors' Mental Health Division Lead, CERAH

2. EDUCATIONAL INITIATIVES (APRIL 1, 2024 - MARCH 31, 2025)

2.1 Education Contracts

Since 1993, CERAH has organized and delivered gerontology education related to aging, seniors' mental health, palliative care, and other aging-related issues. Annual funding from the Ontario Ministry of Health and Long-term Care (MOHLTC) and the North West Local Health Integration Network (LHIN) (now Ontario Health) has been allocated to CERAH since the 1990s as base funding, meaning that while funding contracts are annual, CERAH does not need to reapply for this funding.

In addition to this annual funding, in 2024-2025, CERAH received additional base funding from Ontario Health for two programs - Community Behavioural Supports funding and Dementia Café. An ongoing agreement also continues with St. Joseph's Care Group to organize and facilitate education for the Regional Behavioural Supports Program.

The following outlines project and education contracts held at CERAH from April 1, 2024 – March 31, 2025:

2024-2025	Ministry of Health/Long-term Care (Palliative Care Education - base funding)
2024-2025	Ontario Health (Community Behavioural Supports funding)
2024-2025	Ontario Health (Dementia Café: A Place to Belong)
2024-2025	Ontario Health (Geriatric Mental Health Education - base funding)
2024-2025	St. Joseph's Care Group (Regional Behavioural Supports Education contract)

One-Time Special Project Funding

In terms of special project funding, 2024-2025 saw contracts from Indigenous Services Canada's Ontario Region and Ontario Health to deliver palliative care education to frontline health and social care providers working in Indigenous communities. A contract was also secured from the Kenora Chiefs Advisory to provide palliative care education to First Nations in Treaty #3. CERAH also completed an education service agreement with the Thunder Bay Regional Health Sciences Centre (TBRHSC) to provide palliative care educational services to staff, as well as with the North West Regional Palliative Care Program, St. Joseph's Care Group.

The following outlines project and education contracts held at CERAH from April 1, 2024, to March 31, 2025:

2024-2027	Kenora Chiefs Advisory (Implementation of Competency-based and Culturally Appropriate Palliative Care Training for Multidisciplinary Teams Serving First Nations)
2024 - 2026	Dilico Anishinaabek Family Care (Palliative Care Education for Indigenous Communities: A Proposal to Dilico Anishinaabek Family Care to Support Capacity Development for Palliative Care Services)

2024-2025	Ontario Health (Palliative Care Education for Indigenous Communities: A Proposal to Support Capacity Development for Palliative Care Services in Ontario)
2022-2025	Indigenous Services Canada (Ontario Region: Palliative Care Education for Indigenous Communities: Supporting Capacity Development for Palliative Care Services contract)
2024-2025	St. Joseph's Care Group (NW RPCP) (Education Service Agreement)
2024-2025	Thunder Bay Regional Health Sciences Centre (Education Service Agreement)

2.2 Overview of Education Initiatives

CERAH works diligently to respond to educational needs by making educational events accessible via videoconference and/or by delivering education in regional communities. Planning for education activities is done in conjunction with community partners, and the types of education provided are a direct result of our community collaborations.

Planning for seniors' mental health and aging is conducted in partnership with the North West Dementia Working Group, the North West Regional Geriatric Education Collaborative, St. Joseph's Care Group, the Regional Behavioural Supports Program and other collaborative initiatives.

Planning for palliative care education is conducted in partnership with the North West Regional Palliative Care Program and the lead agency for the program - St. Joseph's Care Group. CERAH co-leads the Palliative Care Education Collaborative, a working group of the Regional Palliative Care Program comprising individuals and organizations with palliative care education as part of their mandate.

The Indigenous Peoples' Health & Aging division responds to community needs by developing, implementing, and evaluating curricula and resources through culturally and contextually relevant research and knowledge translation. The planning is led by Anishinaabe scholar Dr. Holly Prince, in collaboration with Indigenous Elders and Knowledge Carriers, Indigenous organizations and communities, and government and organizational program funders.

The various educational initiatives that CERAH organizes and delivers are listed below:

Conferences

- *2024 Northwestern Ontario Palliative Care Conference Booster - Beyond Diagnosis: Journey through the Palliative Care Continuum*, Thunder Bay, Ontario (hybrid), October 2, 2024
 - Embedding Equity-Informed Practices into Palliative Care (Panel Discussion)

- Implications of the Waiting Room Revolution for Healthcare Providers: Applying the 7 Keys into Clinical Practice
- More than End of Life Care: A Palliative Approach to Pain and Symptom Management
- Palliative Care Provision in the Era of MAiD
- Holding Ourselves in Grief: Tending to Ourselves with Mindful Self-Compassion
- Evening Symposium - Responding to Expressions of Distress: The Advanced Application of the Palliative Approach to Care
- *2024 North West Geriatric Care Conference: Adapting to Change and Complexity in Older Adult Care*, Thunder Bay, Ontario, September 24, 2024
 - Welcome & Opening Ceremony: Elder Kelvin Redsky & Alison Denton
 - Opening Keynote: The Need to Advocate for Progress: The Changing Landscape of Dementia in Canada, Dr. Saskia Sivananthan, PhD
 - Aging and Health in Underserved Populations, Dr. Lynn Martin, PhD
 - Reframing Geriatric Care from an Indigenous Perspective, Elton Beardy & Nicole Lee
 - Panel Presentation: Fireside Chat with the Getting Appropriate Personal & Professional Supports (GAPPS) Program, Moderated by Lisa Petersen

Workshops/Courses

Multi-Day Workshops

- *Palliative Care for Front-Line Workers in Indigenous Communities – Introduction* (Modules 1-8), held virtually over 4 sessions x 3 workshops
- *Palliative Care for Front-Line Workers in Indigenous Communities – Continuing the Journey* (Modules 9-12), held virtually over 4 sessions x 2 workshops
- *Palliative Care for Front-Line Workers in Indigenous Communities – Introduction* (Modules 1-8), held in-person over 2 days x 4 workshops
- *Learning Essential Approaches to Palliative Care (LEAP) for Indigenous Communities*, 2 days x 1 workshop in Toronto, Ontario
- *Learning Essential Approaches to Palliative Care (LEAP) for Indigenous Communities*, 2 days x 1 workshop in Thunder Bay, Ontario
- *Learning Essential Approaches to Palliative Care (LEAP) Core*, 2 days x 1 workshop in Fort Frances, Ontario
- *Learning Essential Approaches to Palliative Care (LEAP) Long-Term Care*, 2 days x 1 workshop in Fort Frances, Ontario
- *Learning Essential Approaches to Palliative Care (LEAP) Long-Term Care*, 2 days x 1 workshop in Thunder Bay, Ontario
- *Learning Essential Approaches to Palliative Care (LEAP) for Indigenous Communities*, 2 days x 1 workshop in Thunder Bay, Ontario
- *Palliative Care for Front-Line Workers*, 2 days x 2 workshops in Thunder Bay, Ontario
- *Palliative Care for Front-Line Workers*, 2 days x 1 workshop in Dryden, Ontario
- *Palliative Care for Front-Line Workers*, 3-hour sessions x 4 (online)

One-Day Workshops

- *Learning Essential Approaches to Palliative Care (LEAP) Mini*, 1 day x 1 workshop in Thunder Bay, Ontario
- *Learning Essential Approaches to Palliative Care (LEAP) Heart*, 3-hour sessions x 2 (online)
- *Learning Essential Approaches to Palliative Care (LEAP) Oncology*, 3-hour sessions x 2 (online)
- *Learning Essential Approaches to Palliative Care (LEAP) Paramedic*, 1 day x 1 workshop in Dryden, Ontario

Half-Day Workshops

- North West Behavioural Supports Ontario Retreat, 4-hour workshop in Thunder Bay, Ontario, September 24, 2024
- *Supporting the Grief Journey of Healthcare Providers: It's in the Work*, 4-hour workshop in Thunder Bay, Ontario, March 19, 2025

Seminars

- Through Our Eyes Presentations, 45 min. x 3 sessions:
 - Presentation #1: Adult class at Lakehead University, School of Nursing, November 11, 2024
 - Presentation #2: Adult class at Lakehead University, School of Nursing, May 6, 2024
 - Presentation #3: Adult class at Lakehead University, School of Nursing, May 23, 2024
- Dementia Gardens Speaker Series, 60 min.
 - Learning More About Dementia Gardens: A Place to Grow, Chartwell Hilldale Retirement Resident, January 30, 2025
 - Gardening with Native Plants, Chartwell Hilldale Retirement Resident, March 27, 2025

Webinars/Videoconferences

- CERAH Speaker Series, 45 min. x 3 sessions:
 - Webinar #1: Age-Friendly Thunder Bay: Past, Present, and Future, June 19, 2024
 - Webinar #2: Being, Becoming, Belonging: The Process of Social Norm Formation of Nurses Working in Groups, November 27, 2024
 - Webinar #3: Stories that Heal: The Power of Digital Storytelling in Driving Healthcare Changes and Shaping Wound Care Policy in Canada, January 28, 2025
- Indigenous People's Health & Aging Webinar Series, 1-1.5 hour x 3
 - Webinar #1: Honouring Indigenous Knowledges: Seven Sacred Teachings, April 3, 2025
 - Webinar #2: Empowering Your Community at EOL: Developing an Indigenous Death Doula Program, June 5, 2024
 - Webinar #3: Improving Access and Enhancing Quality Care for Indigenous Communities, December 4, 2024

- Palliative Care ECHO Sessions, 1 - 1.5 hours x 7 sessions:
 - Webinar #1: Supporting Vulnerable Patients who could Benefit from an Equity-Informed Palliative Approach, May 15, 2024
 - Webinar #2: Journeying to End of Life: Meaning of Food and Fluids, September 24, 2024
 - Webinar #3: Incorporating a Palliative Approach to Care into your Primary Care Practice, October 9, 2024
 - Webinar #4: Pediatric Palliative Care in Northwestern Ontario, November 13, 2024
 - Webinar #5: A Culturally Humble Approach to Palliative Care, December 13, 2024
 - Webinar #6: Palliative Care After Stroke, January 17, 2025
 - Webinar #7: A Palliative Approach to Dementia Care for Indigenous Seniors and Elders, March 26, 2025
- Dementia Gardens Speaker Series (virtual)
 - Learning More About Dementia Gardens: A Place to Grow, January 30, 2025
 - Gardening with Native Plants, March 27, 2025

Centre Programs

Dementia Café

Dementia Café: A Place to Belong was created as a space to foster and maintain a safe and inclusive social environment with opportunities for social connection and interaction for people with dementia, regardless of age or stage, and their care partners. It is a social program that provides a safe and inclusive environment for social interaction and provides opportunities to decrease social isolation that can occur with a diagnosis of dementia. Specifically, the goals of Dementia Café: A Place to Belong include:

- To create and maintain a safe and inclusive social environment with opportunities for social connection and interaction for people with dementia (regardless of age or stage of dementia) and their care partners
- To engage and involve willing people with early dementia and care partners on the advisory committee and as volunteers with the Dementia Café: A Place to Belong
- To provide resources and information to people with dementia and care partners

The Dementia Café continues to be held in person post-pandemic (three times per month) and has grown in numbers since. The Dementia Café ran 34 times over the 2024 - 2025 period.

Rural Dementia Café

The Rural Dementia Café is a new initiative launching in April 2025 in Kakabeka Falls, through a partnership between NorWest Community Health Centres, the Centre for Education and Research on Aging & Health (CERAH), and with support from the Alzheimer's Society Thunder Bay (ASTB). It is designed to provide a welcoming and supportive space for individuals living with dementia or memory challenges, as well as their care partners, family members, and friends. Open to all and free of charge, the Café offers engaging activities such as music, games, and arts in a relaxed environment to reduce isolation and foster connection.

The goals of the Rural Dementia Café include:

- Fostering community connection and emotional support for people affected by dementia in rural areas
- Offering monthly interactive activities to promote well-being and engagement
- Supporting caregivers through peer networks and access to resources
- Enhancing communication and understanding between caregivers and individuals living with dementia
- Sharing best practices across regional agencies to improve dementia support

The Rural Dementia Cafe will be held on the fourth Friday of the month, starting from April 2025, at the Rural 60 Plus in Kakabeka Falls. This new program is a vital step toward enhancing rural dementia care and building community-based support systems.

North West Dementia Working Group

The North West Dementia Working Group (NWDWG) is an independent Northwestern Ontario grassroots advocacy group and has been in existence since 2014. Comprised of people living with dementia and care partners, the group is supported by CERAH. The mission and vision of the NWDWG is to be a voice for people living with dementia to ensure they are treated with respect and dignity and afforded their human rights. As a group, they work to challenge stigma and advocate for meaningful inclusion of people living with dementia by promoting awareness, education, and influencing policies and services. Post-pandemic, they have resumed their monthly meetings to be in-person, and the group has since grown to be just over 20 people living with dementia and their care partners. In 2024, the NWDWG celebrated their 10th anniversary.

During the 2024-2025 period, the NWDWG held 10 meetings, one per month, each lasting 2.5 hours.

Dementia Gardens: A Place to Grow

Dementia Gardens: A Place to Grow is the North West Dementia Working Group's (NWDWG) newest initiative—an innovative and inclusive project designed to support individuals living with dementia through meaningful engagement with nature. Rooted in the Green Care Farm model, this initiative offers a dignified outdoor day program, community and family events, and intergenerational activities, all centred around native plant gardens. In December 2024, the project was relocated to the Centennial Conservatory, where it will officially launch in Spring 2025 as a collaborative partnership between the City of Thunder Bay, Lakehead University, and NWDWG.

A planning committee composed of people with lived experience of dementia, care partners, native plant experts, and community members—supported by CERAH staff—continues to shape the program with care and vision. The project has received approval from university leadership. It is now focused on implementation, with risk management planning, staffing considerations (including an on-site health professional, funding permitting), and program development well underway.

Goals of Dementia Gardens

- Empower people living with dementia through purposeful, hands-on activity
- Provide caregiver respite and support
- Create opportunities for sensory engagement and learning about native ecosystems
- Foster meaningful relationships among participants and with the natural world
- Encourage environmental stewardship through biodiversity and pollinator support
- Deliver safe, structured, and enjoyable outdoor programming

The program will run weekly from May to September 2025, and future plans include developing a native plant nursery to sustain the gardens and support local biodiversity.

Dementia in the Outdoors

Dementia in the Outdoors: Exploring the Mechanisms of Engagement is a multi-site, participatory research project led by CERAH in partnership with the University of British Columbia and the University of the Fraser Valley. The study aims to understand how nature-based outdoor innovations—such as gardening programs, outdoor clubs, and trishaw rides—benefit people living with dementia, and how these programs support social, relational, and environmental citizenship.

Using a qualitative case study approach guided by the Consolidated Framework for Implementation Research (CFIR), the project examines three case study sites:

- Dementia Gardens: A Place to Grow (Thunder Bay, ON)
- Fireweed Club (Vancouver, BC)
- Trishaw Rides Program (Chilliwack, BC)

The research engages people with dementia, care partners, students, and community partners as active collaborators, documenting both experiences and the processes that make these innovations successful. Findings will inform the development of guidelines and resources for implementing effective and meaningful nature-based programs for people with dementia.

During the 2024–2027 period, the project will involve interviews, focus groups, participant observation, and visual/arts-based methods, with iterative participatory data analysis to ensure authentic representation of people with dementia's voices.

Dissemination of Information

- CERAH Monthly Newsletter E-Blasts, CERAH Website, Social Media
- *Palliative Care Education Expo*, Thunder Bay Regional Health Sciences Centre in Thunder Bay, Ontario, May 10, 2024
- Dementia Gardens Events
 - o Adelaide Butterfly Garden Tour, July 5, 2024
 - o Roots Community Food Centre Tour, July 18, 2024
 - o EcoSuperior Central Gardens Tour, August 2, 2024
 - o Native Plant Garden Tour, August 18, 2024
 - o Seed Collection Day, October 18, 2024
 - o Lakehead Region Conservation Authority (LRCA) seed cleaning event, November 22, 2024

- o Centennial Conservatory Tour, December 6, 2024
 - o Winter Sowing Workshop on Seedy Saturday at Roots Community Food Centre, February 22, 2025
- *Compassionate Thunder Bay Meet the Authors*, Thunder Bay, October 1, 2024
- *Compassionate Thunder Bay Death Cafes*
- *Research Showcase “Knowledge, Collaboration & Action: CERAH’s Past, Present & Future in Research, Innovation and Education,”* Research & Innovation Week, Lakehead University, February 27, 2025
- Research & Innovation Week Presentations from NWDWG
 - o *Research Showcase: “Belonging and Purpose: The Experiences of People with Dementia and Care Partners in Participating in Research,”* Research & Innovation Week, Lakehead University, February 26, 2025
 - o *Research Showcase: “Centring the Lived Experience of Dementia: A Collaborative Approach to Inclusive Community Development,”* Research & Innovation Week, Lakehead University, February 26, 2025
- CERAH Booth Displays
 - o *Rural Health Fair*, Kakabeka Falls, Ontario, May 29, 2024
 - o *Roaming Education for Staff (REFS)*, Thunder Bay Regional Health Sciences Centre in Thunder Bay, Ontario, July 9, 2024
 - o *Palliative Care Everywhere*, Hospice Palliative Care Ontario, Toronto, Ontario, June 9-11, 2024
 - o *2024 Northwestern Ontario Palliative Care Conference Booster - Beyond Diagnosis: Journey through the Palliative Care Continuum*, Thunder Bay, Ontario, October 2, 2024
 - o *Senior and Elder Meals at Roots Community Food Centre*, November 29 & October 16, 2024
 - o *Halloween Older Adult Health Fair*, October 31, 2024
 - o *55 Plus Spring Health and Wellness Expo*, 55 Plus Centre, Thunder Bay, Ontario, March 23, 2024
 - o *55 Plus Spring Health and Wellness Expo*, 55 Plus Centre, Thunder Bay, Ontario, March 29, 2025
- Disrupting Death Podcast features conversations about Medical Assistance in Dying in Canada. Hosts Kathy Kortess-Miller and Keri-Lyn Durant lead with curiosity as they interview a wide range of guests who know MAiD intimately.
 - o Episode 16: Photography and MAiD with Ruth Steinberg
 - o Episode 17: MAiDHouse with Tekla Hendrickson
 - o Episode 18: A Mercy of Widows with Marcy Lane
 - o Episode 19: Disrupting Death en Français avec Patrick Durivage
 - o Episode 20: Forced Transfers with Jyothi Jayaraman
 - o Episode 21: Digital Stories Part 1 with Diane Sims
 - o Episode 22: Digital Stories Part 2: Bridge C-14 Participants with Dr. Mark Lang
 - o Episode 23: Digital Stories Part 3: MAiD Family Support Society with Krystie Scofield and Maureen Leier
 - o Episode 24: MAiD in the Media and in Rural Communities with Dr. Julia Brassolotto
 - o Episode 25: Coroners and Medical Assistance in Dying with Dr. Dirk Huyer

- Episode 26: CAMAP & the Choreography of MAiD with Dr. Konia Trouton
- Episode 27: MAiD Grief & Bereavement with Marney Thompson and Robin Farr
- Episode 28: MAiD and the Modern Trauma Toolkit with Dr. Christine Gibson
- Episode 29: MAiD and Mature Minors with Dr. Sydney Campbell
- Episode 30: MAiD Times Two with Chris Reid

Curriculum/Teaching Manuals

- *Palliative Care for Front-Line Workers* curriculum update completed
- *Palliative Care for Frontline Workers in Indigenous Communities: Continuing the Journey* [Facilitator's Manual]. (2025).
- *Palliative Care for Frontline Workers in Indigenous Communities: Continuing the Journey*. (2025) [Participant manual]

2.3 Plans for 2025-2026

Continual education initiatives planned:

Conferences:

- *2025 CERAH Conference: Aging Across the Life Cycle*, October 2 & 3, 2025, in Thunder Bay, Ontario

Workshops/Courses/Series:

- *Learning Essential Approaches to Palliative Care (LEAP) for Indigenous Communities* x 6 (Six Nations, Thunder Bay, Sudbury, London, Winnipeg)
- *Learning Essential Approaches to Palliative Care (LEAP) Long-Term Care* (in-person, Kenora)
- *Learning Essential Approaches to Palliative Care (LEAP) Paramedic* (in-person, Kenora)
- *Learning Essential Approaches to Palliative Care (LEAP) Mini* x 2 (in-person, Geraldton, TBD)
- *Palliative Care for Frontline Workers in Indigenous Communities - Introduction* x 6 in-person (Ottawa, Thunder Bay, Yellowknife)
- *Palliative Care for Frontline Workers in Indigenous Communities - Continuing the Journey* x 2, virtually
- *Palliative Care for Front-Line Workers* x 2 (in-person, Thunder Bay, online)
- Intellectual and Developmental Disabilities and Palliative Care Workshop
- *Hope for the Best, Plan for the Rest* - Primary Care Provider workshop with Drs. Hsien Seow and Sammy Winemaker, September 24, Thunder Bay
- *Hope for the Best, Plan for the Rest* - Community Event with Dr. Hsien Seow and Sammy Winemaker, September 25, Thunder Bay
- *Caregiver Speaker Series—Navigating Dementia: What to do after diagnosis*, Hospice Northwest, October 22, 2025, Thunder Bay
- *Caregiver Speaker Series—Navigating Dementia: What to do after diagnosis*, Rural 60 Plus, October 2025, Thunder Bay

Videoconferences (Zoom):

- CERAH Speaker Series
- Palliative Care ECHO Series, 1 hour x 2-4 sessions
- Grief & Bereavement Community of Practice - Palliative Care ECHO Project, 4-6 sessions

Dissemination of Information:

- CERAH website, monthly e-blast, social media, articles
- CERAH Booth Displays
 - *Hospice Palliative Care Ontario Conference*, Toronto, Ontario, June 8-10, 2025
 - *2025 CERAH Conference: Aging Across the Life Cycle*, October 2 & 3, 2025, Thunder Bay, Ontario
 - Thunder Bay's legislated Community Safety and Well-Being (CSWB): Community Pop-up Series, August 20 & 27, September 10 & 17, 2025, Thunder Bay, Ontario
 - Halloween Health Fair, October 31, 2025, Thunder Bay, Ontario
- Disrupting Death Podcast
- Compassionate Thunder Bay Death Cafes
- Compassionate Thunder Bay Book Club
- *Caregiver Speaker Series—Navigating Dementia: What to do after diagnosis*, 55 Plus Centre, April 17, 2025, Thunder Bay, Ontario
- Dementia Gardens Project
 - Dementia Gardens Speaker Series (virtual & in-person)
 - Native Pollinators, April 24, 2025, Thunder Bay, Ontario
 - Why Lawns? May 22, 2025, Thunder Bay, Ontario
 - Native Plant ID Walk, June 27, 2025, Thunder Bay, Ontario
 - Dementia Gardens Events
 - Seed collecting, September 19, 2025, Thunder Bay, Ontario
 - Seed collecting, October 24, 2025, Thunder Bay, Ontario
 - Seed cleaning, November 21, 2025, Thunder Bay, Ontario
- Through Our Eyes Presentation, Adult class in the Nursing School at Lakehead University, May 8, 2025, Thunder Bay, Ontario
- Caregiver Speaker Series—*Navigating Dementia: What to do After Diagnosis*, Rural 60 Plus, October 2025, Kakabeka Falls, Ontario
- *MAiD: Options and Opportunities at End-of-Life*, Thunder Bay, Ontario [Panel Discussion], October 2, 2025
- Age Friendly Thunder Bay Partnership Committee Meeting, October 8 & December 10, 2025
- *Rural Dementia Cafe*, on the fourth Friday of each month, starting April 2025, Kakabeka Falls

Curriculum/Teaching Manuals:

- *Preparing for the Journey: Caring for Indigenous Peoples Who Are Seriously Ill*, Revised 2025. [Bedside care manual]
- *Palliative Care for Frontline Workers in Indigenous Communities*, 2025 Edition [Facilitator manual]
- *Palliative Care for Frontline Workers in Indigenous Communities* [Participant manual].

(2025)

- *2025 Care Partner Resources Guide: Helping Others Connect* [Brochure]
- *Walking Alongside Indigenous Peoples who are Seriously Ill: Education for Community Caregivers*, Revised 2025

3. RESEARCH CONTRIBUTIONS (JULY 1, 2024 – JUNE 30, 2025)

In 2024 - 2025, CERAH researchers were involved in the following project(s):

3.1 Research Grants received this year in partnership with CERAH*

Date of Grant	Name and Role of Faculty Member	Granting Body	Research Title	
2022-2025	Dr. Joan Braun Co-Investigator	SHHRC Insight Grant	The Theory and Practice of Assessing Incapability in the Context of Abuse or Neglect: Toward an Integrated, Interdisciplinary, Relational and Human-Rights-Based Model	
2023 - 2025	Dr. Ide Costa Principal Applicant	SSHRC Insight Development Grant	Digital storytelling: A tool for promoting critical reflection, advancing inclusivity and creating trauma-informed wound care	
2023 - 2025	Dr. Ide Costa Co-Primary Investigator	Canadian Institute of Health Research (CIHR), Planning and Dissemination Grant - Institute Community Support	Reimaging Diabetes Self-Management Education for Seniors in rural Ontario through a Participatory Knowledge Exchange Process: Leveraging Lived Experiences for Current Priorities, Strategies for Change, & New Directions	
2024	Dr. Ide Costa Principal Applicant	SSHRC Connection Grant	Our Voices, Our Stories: An Action-Oriented Outreach and Knowledge	

			Exchange Webinar Series	
2024	Dr. Ide Costa Co-Applicante	CNPq/MCTI/FN DCT Call nº 22/2024	SimulAI Saúde: Training Program in Nursing with Clinical Simulation and Virtual Reality with Artificial Intelligence	
2025	Dr. Ide Costa Principal-Applicant	Global Affairs Canada, Faculty Mobility Program	Amplifying the Voices of People with Chronic Conditions: A Cross-Border Collaboration Between Lakehead University and UNILAB, Brazil.	
2024-2025	Dr. Taryn Klarnier-Read Co-Investigator	Growing Expertise in Evaluation and Knowledge Translation, Ontario Brain Institute	Building Evaluation Capacity for the Keep Moving Programs at the Canada Games Complex	
2023-2025	Dr. Kathy Kortes-Miller Co-Investigator Dr. Holly Prince Co-Investigator	CIHR (Project Grant)	Grief and Grief Support Needs in Canada	
2023-2027	Dr. Kathy Kortes-Miller Co-Investigator Dr. Holly Prince Co-Investigator	CIHR (Project Grant)	Supporting Vulnerable and Marginalized Older Adults to be Cared for and to Die at Home	
2023-2025	Dr. Kathy Kortes-Miller Principal Investigator	Lakehead University Research Chair	The Experience of MAiD in Northwestern Ontario: A Qualitative Research Study	
2025	Dr. Kathy Kortes-Miller Co-Investigator	SSHRC	Understanding the Impact of the Social-Political Contexts in Shaping Older Adult	

			Canadians' End-of-Life Planning	
2025	Dr. Kathy Kortés-Miller Principal Investigator	Community Engaged Research Grant (CERG) (Internal)	Aging Across the Life Span	
2025	Dr. Kathy Kortés-Miller Co-Investigator	SSHRC Partnership (Stage 1)	Aging in Community Partnership	
2023 -2027	Dr. Lynn Martin Principal Investigator (Nominated)	Health Canada (Health Care Policy and Strategies Program)	Improving Access and Facilitating System Change for Palliative Care Among Underserved Populations	
2023-2025	Drs. Elaine Wiersma & Nisha Sutherland Co-Investigators	Public Health Agency of Canada	Building Capacity for Meaningful Participation by People Living with Dementia	
2023-2024	Dr. Elaine Wiersma, Principal Investigator	Employment and Social Development Canada: New Horizons for Seniors Program (Community Based Projects)	Living Well with Dementia: Creating Dialogues of Resilience Post-COVID	
2023-2024	Dr. Nisha Sutherland, Primary Investigator	EPID@Work	Moral Distress During the Pandemic: Impacts on the Mental Health of Long-Term Care Home Staff	
2023-2026	Dr. Elaine Wiersma, Principal Investigator, Dr. Nisha Sutherland Collaborator	SSHRC	LivEDem: Centring the Lived Experience of Dementia within Policy, Practice & Community Development	
2024-2027	Dr. Elaine Wiersma, Principal Investigator (Nominated),	CIHR	Dementia in the Outdoors: Exploring the Mechanisms of Engagement	

	Dr. Nisha Sutherland Co-investigator			
2024-2027	Dr. Elaine Wiersma, Principal Investigator, Dr. Nisha Sutherland Collaborator	The City of Thunder Bay's Clean, Green & Beautiful (CGB) Grant	Dementia Gardens: A Place to Grow	

*Please note the grants listed here include active involvement with staff and research affiliates of CERAH on topics aligned with our Centre's mission and vision. Not all research funding listed here flows through or is received directly by CERAH.

4. PUBLICATIONS (JULY 1, 2024 – JUNE 30, 2025)

4.1 Refereed Journal Articles

- Bachynski, J. C., Duhn, L., **Costa, I.G.**, & Camargo-Plazas, P. Breaking through the glass ceiling—Having *that* conversation: Exploring the role of nephrology nurses in kidney supportive care in Canada through a constructivist grounded theory study. [Accepted but not published]. *Nephrology Nursing Journal*.
- Bachynski, J. C., Duhn, L., **Costa, I. G.**, & Camargo-Plazas, P. Breaking through the glass ceiling—Having *that* conversation: Exploring the role of nephrology nurses in kidney supportive care in Canada through a constructivist grounded theory study. [Under review]. *Canadian Journal of Nursing Research*.
- Bachynski, J.C., Duhn, L., **Costa, I. G.**, & Camargo-Plazas, P. (2024). The current state of kidney supportive care in nephrology nursing practice: A literature review. *Nephrology Nursing Journal*, 51(1), 25-46. <https://doi.org/10.37526/1526-744X.2024.51.1.25>
- Bernardes, R. M., Guimarães, C. S., Rabeh, S. A. N., Caliri, M. H. L., Pieper, B., & **Costa, I.G.** (2025). Effectiveness of an educational website to enhance knowledge and satisfaction about pressure injuries: A quasi-experimental study [Manuscript submitted for publication]. *Journal of Wound Management, Special Issue: Pressure Ulcers*.
- Brandão, M. G. S. A., Ximenes, M. A. M., Strachan, R., & **Costa, I.G.** (2024). Photodynamic therapy associated with Mesalt® in the treatment of hypergranulation in diabetic foot ulcer. *Wound Care Canada*, 22(2), 86-93. <https://doi.org/10.56885/RLJP2492>
- **Braun, Joan.** (2025). Conflicting purposes: Guardianship law, mental health law and involuntary detentions", *International Journal of Law and Psychiatry*, 102. <https://doi.org/10.1016/j.ijlp.2025.102111>.

- Cadell, S., Wright, D. K., Dosani, N., Cherblanc, J., Breen, L., Aoun, S., **Kortes-Miller, K.** ... & Macdonald, M. E. (2025). Grief and grief support needs in Canada: A mixed methods protocol. *Palliative Care and Social Practice*, 19, 26323524251334180.
- **Costa, I. G.**, Brandão, M. G. S. A., Santorelli, S., Strachan, R. Ross-White, A., Camargo-Plazas, M. P. Luctkar-Flude, M. (2025). "Individuals' experience of living with and managing diabetic foot ulcers: A qualitative systematic review" has been assigned the following manuscript number: Submitted at *JBI May 28, 2025*. (JBIES-25-00248).
- **Costa, I. G.**, Strachan, R., Everett, E. (2024). An alternative approach: decellularized dermal matrices for pilonidal sinus when standard care falls short. *Wound Care Canada*, 22(1): 10-14. <https://doi.org/10.56885/LKQU7921>
- **Costa, I. G.**, Strachan, R., & Brandão, M. G. S. A. (2024). Depth matters: A step-by-step guide to packing hard-to-heal wounds. *Wound Care Canada*, 22(2), 16-26. <https://doi.org/10.56885/ghro294>
- **Costa, I. G.**, Strachan, R., Schoales, C. (2024). Steer clear: inadvertent use of antimicrobials can cause unintentional harm to wound healing. *Wound Care Canada*, 22(1): 68-77. <https://doi.org/10.56885/OPYU8295>
- **Costa, I.G.**, Strachan, R.K., Levine, D., Kuper, I., Santorelli, S., Plazas, P.C., Botros, M., Bajnok, I. and Philips, C. (2025). Our voices, our stories: A multi-method knowledge translation strategy for advancing inclusivity and creating trauma-informed wound care. *Int Wound J*, 22: e70698. <https://doi.org/10.1111/iwj.70698>
- De Jong, A., Swerhun, K., Brink, P., & **Martin, L.** (2024). Use of Palliative Care Services Among 2SLGBTQIA+ Individuals: A Scoping Review. *BMC Palliative Care*, 23, 243. doi: 10.1186/s12904-024-01560-x
- Dookie, S.P., & **Martin, L.** Palliative care in linguistic minorities: a scoping review. [Manuscript submitted for publication]. *Canadian Journal of Public Health*. June 14, 2024.
- Dookie, S. P., & **Martin, L.** (2025). The effect of language discordance on the experience of palliative care: a scoping review. *PLOS ONE*, 20(4): e0321075. doi:10.1371/journal.pone.0321075
- Duhn, L., Robertson, M., **Costa, I.**, Alvarado, B., Paré, G. C., & Camargo-Plazas, P. (2025). "I Am Not Alone": A Photovoice Exploration of Diabetes Self-Management for Older Persons in Rural Ontario, Canada. *The Canadian journal of nursing research = Revue canadienne de recherche en sciences infirmieres*, 57(2), 242–255. <https://doi.org/10.1177/08445621251313500>
- Hicks, C. M., Dyck, M. A., **Martin, L.**, Guthrie, D. M., Stewart, S. L., & Hirdes, J. P. (2025). Patient-controlled analgesia for managing pain in adults receiving palliative care: A scoping review. *Pain Management Nursing* 26(4); p361-374. doi:

10.1016/j.pmn.2025.02.014

- **Kortes-Miller, K.**, Durant, K-L.(2025). Exploring medical assistance in dying (MAiD)-related grief and bereavement through virtual digital storytelling workshops. [Submitted to the International Journal of Qualitative Methods (accepted and refereed)]
- Kumar, S. J., Bishop, V., Bainbridge, D., Kilbertus, F., **Kortes-Miller, K.**, Winemaker, S., & Seow, H. Primary Care Providers' Perceptions of the CAPACITI Palliative Care Education Trial: A Qualitative Study of Experiences With Self-Directed and Facilitated Modalities. *Journal of Palliative Care*, 8258597251351432. (online first)
- Ma, G. W., Williams, T., Botros, M., & **Costa, I. G.** (2024). Key performance indicators to inform evaluation of wound care programmes for people with complex wounds: a protocol for systematic review. *Journal of Wound Care*, 33(Sup5), S4–S8. <https://doi.org/10.12968/jowc.2024.33.Sup5.S4>
- McMillan, K., Jyothi Kumar, S., Bainbridge, D., **Kortes-Miller, K.**, Winemaker, S., Kilbertus, F., ... & Seow, H. (2024). Increasing interprofessional collaboration in community-based palliative care: A pilot study of the CAPACITI education program for primary care providers. *Journal of Interprofessional Care*, 38(5), 799-806.
- O'Connor, D., **Braun, J.**, Marriette, N., & Purser, K. (2024). Assessing mental (in)capacity in the context of abuse and neglect: A relational lens. *International Journal of Law and Psychiatry*, 97. <https://doi.org/10.1016/j.ijlp.2024.102027>.
- Philips, C., Powell, E., Camargo-Plazas, P., **Costa, I.G.** (Submitted April 8th, 2025). *Living with hard-to-heal wounds: A global health challenge explored through analytic sketches*. *Health*. [Accepted but not published].
- Rodericks-Schulwach, A., Gokani, R., & **Martin, L.** (2025). Palliative care access and use among homeless individuals: a scoping review. *BMC Palliative Care*, 24:203. doi: 10.1186/s12904-025-01835-x
- Seow, H., Bainbridge, D., Winemaker, S., Myers, J., **Kortes-Miller, K.**, Kilbertus, F., ... & Pereira, J. (2025). Does Facilitated Palliative Care Education Improve Patient Identification? A Cluster Randomized Controlled Trial of Primary Care Providers in the CAPACITI Training Program. *Journal of Palliative Medicine*.
- **Wiersma, E. C.**, Dupuis, S. L., Sameshima, P., Caffery, P., & Harvey, D. (2025). Metaphor as methodology: Methodological reflections on visualizing the dementia journey. *Dementia (London, England)*, 24(2), 193–213. <https://doi.org/10.1177/14713012241295954>
- Zanchetta, M. S., **Costa, I. G.**, Lucchese, S. P., Blotta, M. G. M. M., de Paula, C. M., Medeiros, M., Barbosa, R., Santos, W. S., Vedana, K. G. G., Fracazzo, V., da Silva, K. L., & Pereira, M. O. (2024). Emotional experiences and coping styles of Brazilians in Canada during the Covid-19 pandemics facing stressful situations with their family and

friends in Canada and Brazil. [Accepted but not published]. Submitted to *Revista de Enfermagem UFPE online*.

4.2 Book Chapters & Books

- Bachynski, J. C., & **Costa, I.G.** (In progress). Early memo-writing in grounded theory Studies. In: G. Hadley & A. Bryant. *Grounded Theory in Action*. Edward Elgar: London, UK. (completed, but not published)
- **Braun, Joan** (forthcoming). Public health law and aging. In Jacob Shelley, C. Tess Sheldon & Ubaka Ogbogu (Eds.), *Public Health Law and Policy in Canada* (5th ed.). Lexis Nexis.
- **Costa, I. G. & Jones-Bonofiglio, K.** (Editors). *Supporting Older Persons on Their Aging Journey: An Emancipatory Approach to Nursing Care*. Canadian Edition. Canadian Scholars: Toronto, Canada.
- **Costa, I. G.**, Rodrigues, S. (2024). *Holistic Perspectives on Older Persons' Needs, Part 3: Nutrition, Elimination, Mobility, and Safety*. In: Costa, I. G., Jones-Bonofiglio (Editors). *Supporting Older Persons on their Aging Journey*. Canadian Edition. Canadian Scholars: Toronto, Canada.
- **Costa, I. G., Jones-Bonofiglio, K.** (2024). *Aging Population and the Core Principles of an Emancipatory Approach*. In: Costa, I. G., Jones-Bonofiglio (Editors). *Supporting Older Persons on their Aging Journey*. Canadian Edition. Canadian Scholars: Toronto, Canada.
- **Costa, I. G.** (2024). *Engaging Older Persons in Self-Management of Illness*. In: Costa, I. G., Jones-Bonofiglio (Editors). *Supporting Older Persons on their Aging Journey*. Canadian Scholars: Toronto, Canada.
- **Costa, I. G.**, Adduono, K., **Jones-Bonofiglio, K.** (2024). *Biopsychosocial Needs and the Intersection of Mental Health and Aging*. In: Costa, I. G., Jones-Bonofiglio (Editors). *Supporting Older Persons on their Aging Journey*. Canadian Edition. Canadian Scholars: Toronto, Canada.
- Rochon, A., **Costa, I.G.**, Jin, S. (2024). *Safe and Appropriate Medication Practices with Older Persons*. In: Costa, I.G., Jones-Bonofiglio (Editors). *Supporting Older Persons on their Aging Journey*. Canadian Scholars: Toronto, Canada.

4.3 Conference Presentations, Papers, and Posters

- Bachynski, J. C., Duhn, L., **Costa, I. G.**, & Camargo-Plazas, P. Breaking through the glass ceiling—Having *that* conversation: Exploring the role of nephrology nurses in kidney supportive care in Canada through a constructivist grounded theory study. American Nephrology Nurses' Association National Symposium in Portland, Oregon, May 1 to 4, 2025.

- Banner, A., Williams, N., & **Martin, L.** Recognition of palliative needs among home care clients from underserved groups. *2025 Showcase of Health Research, Centre for Applied Health Research at St. Joseph's Care Group*. February 7, 2025. (Thunder Bay, ON).
- **Braun, Joan.** Elder abuse and the law: Perspectives on Canadian laws, policies and response, Centre for Research on Aging and Health speaker series (Webinar), June 2025.
- **Braun, Joan.** Adult protection and dementia: Role of (in)capacity assessment in the legal response", *Petrie Flom Centre 2025 Annual Conference: Law, Healthcare and the Aging Body and Brain*, Harvard University, June 2025.
- **Braun, Joan.** Vulnerability and the impact of laws on marginalized older adult populations. *Panel on Vulnerability and Access to Justice*, Canadian Association of Law Teachers Conference, Saskatoon, June 2025.
- **Braun, Joan.** Protecting older adults from abuse: A human rights perspective. International Academy on Law and Mental Health, Barcelona, July 2024.
- Bryson, M., Yohuno, E., & **Martin, L.** (2024). Prevalence of Pain and Receipt of Pain Management Among Persons Receiving Inpatient Psychiatric Services. [Poster Presentation]. *interRAI Canada Research Event*. July 21-22, 2024 (St. Catharines, ON).
- Bryson, M., Bédard, M. & **Martin, L.** Prevalence of Pain and Receipt of Pain Management Among Persons Receiving Inpatient Psychiatric Services. [Poster Presentation]. *2025 Showcase of Health Research, Centre for Applied Health Research at St. Joseph's Care Group*. February 7, 2025. (Thunder Bay, ON).
- **Costa, I.G.**, Adduono, K., McConnell, K., Camargo-Plazas, P., Kone, A. (2025). Exploring Diabetes Status and Social Determinants of Health Influencing Diabetes-related Complications in a Northwestern Ontario Community. *Research & Innovation Week*, Lakehead University, Thunder Bay Campus, Feb 25-28.
- **Costa, I.G.**, Adduono, K., McConnell, K., Camargo-Plazas, P., Kone, A. (2025). Understanding the complexities of self-managing diabetes in Northwestern Ontario: A critical qualitative study. North Health Research Conference, NOSM, June 16 and 17, 2025
- **Costa, I.G.**, Adduono, K., McConnell, K., Camargo-Plazas, P., Kone, A. (2025). Understanding the complexities of self-managing diabetes in Northwestern Ontario: A critical qualitative study. *Research & Innovation Week*, Lakehead University, Thunder Bay Campus, Feb 25-28.
- **Costa, I.G.**, Bajnok, I (June 25). Outcomes of "Our Voices, Our Stories" Initiative. Patient Engagement Forum, hosted by the Canadian Institute for Health Information (CIHI). 2025.

- **Costa, I. G.**, Brandão, M. G. S. A., Santorelli, S., Strachan, R. Ross-White, A., Camargo-Plazas, M. P. Luctkar-Flude, M. (2025). Individuals' experience of living with and managing diabetic foot ulcers: A qualitative systematic review. *Research & Innovation Week*, Lakehead University, Thunder Bay Campus, Feb 25 to 28, 2025.
- **Costa, I.G.**, Camargo-Plazas, P., Kone, A., Santorelli, S., Strachan, R.K., Levine, D., Botros, M., Bajnok, I. Amplifying Voices: A Knowledge Translation Strategy to Improve Equity and Inclusivity in Wound Care in Canada. *Research & Innovation Week*, Lakehead University, Thunder Bay Campus, Feb 25 to 28, 2025.
- **Costa, I.G.**, Cates, M., **Jones-Bonofiglio, K.** (May 31, 2025). A Duo-Ethnography on an Emancipatory Approach to Teaching Nursing Students to Support Older Persons on Their Aging Journey. *Canadian Gerontological Nurses Association*, Winnipeg, Manitoba, May 28 to 31, 2025.
- **Costa, I.G.**, Levine, D. Understanding the Value of a Patient Bill of Rights and Responsibilities in Wound Prevention and Care among Stakeholders, National Wound Community Think Tank led by Wounds Canada, April 26, 2025
- **Costa, I.G.**, Strachan, R.K., Levine, D., Kuper, I., Santorelli, S., Plazas, P.C., Botros, M., Bajnok. "Our Voices Our Stories": A Multi-method Knowledge Translation for Advancing Inclusivity and Creating Trauma-informed Wound Care. North Health Research Conference, NOSM, June 16 and 17, 2025
- **Costa, I.G.** (Feb 27, 2025). Innovations in Health Equity: Outputs from Dr. Costa's Research Lab. *Research & Innovation Week*, Lakehead University, Thunder Bay Campus, Feb 25 to 28, 2025.
- **Costa, I.G.** (Jan 28). Stories that Heal: The Power of Digital Storytelling in Driving Healthcare Changes and Shaping Wound Care Policy in Canada. CERAH's speaker series (Webinar), 2025.
- Dosani, N., **Prince, H.**, Omichinski, R., Persaud, N., D'Angelo, B., & Coronado, A. (2024). CPAC: Equity-oriented care: A pan-Canadian discussion on innovating palliative care access for people experiencing homelessness & vulnerable housing. Workshop presentation. McGill International Palliative Care. October 15-18.
- Er-raji, N., Tahir, M., Williams, N., **Martin, L.**, & Cobigo, V. Assessing the accessibility of palliative care resources: a two-phase approach to cognitive and general accessibility. *Ontario Association on Developmental Disabilities Annual Conference*. March 26 & 27, 2025. (Windsor, ON)
- Er-raji, N., Tahir, M., Williams, N., **Martin, L.**, & Cobigo, V. Improving accessibility to resources in palliative care: inclusive design for individuals with cognitive disabilities. *The 4th Annual Canadian Health and Wellbeing in Developmental Disabilities Digital Conference*. February 5-6, 2025. (virtual)
- **Fernandes, K.** (2025, June 17-20). *Extending Aging in Place to Dying in Place: The*

Role of Collective Occupation and Place-Making in Palliative Care [Poster presentation]. 4th International Research Seminar EAPC Research Group on Public Health Palliative Care. Victoria, BC, Canada.

- Henson, K., **Klarner, T.**, Bogacki, J., Przysucha, E., & Roy, C. (March 8, 2025). Evaluation of 'Keep Moving' at the Canada Games Complex. 21st Annual Crossroads Interdisciplinary Health Research Conference, Dalhousie University, Halifax, Nova Scotia (Oral presentation).
- Ivec, C., Levac, S., Cadell, S., & **Kortes-Miller, K.** (2025). Saying Goodbye in the Era of Physical Distancing. Hospice Palliative Care Ontario Conference, June 8-10, Toronto, ON.
- **Klarner, T.** (April 16, 2025). Evaluating 'Keep Moving': Assessing and Expanding the Impact of Community-Based Exercise for Older Adults with Brain Injury. CERAH Speaker Series, Thunder Bay, Ontario. (Oral presentation).
- **Klarner, T.**, and McConnell, K. (May 2, 2025). KNIT: Kinesiology and Nursing Interprofessional Teaching. UPLIFT 2025 Uniting Professionals in Learning and Interprofessional Frameworks for Tomorrow, Canadore College, North Bay, Ontario (Oral and poster presentation).
- **Kortes-Miller, K.** Disrupting Death; Engaging in community conversations about Medical Assistance in Dying (MAiD). Public Health Palliative Care International Conference. 22-25 October 2024 Bern, Switzerland
- **Kortes-Miller, K.**, Durant, K-L. & Mallon, S. (2025). Facilitating Community Engagement About Medical Assistance in Dying using Digital Stories and a Podcast. 4th International Research Seminar EAPC Research Group on Public Health Palliative Care. June 17-19, Victoria, BC.
- **Kortes-Miller, K.**, & Durant, K-L. (2025). *Medical assistance in dying (MAiD)-related grief and bereavement through virtual digital storytelling workshops*. Hospice Palliative Care Ontario Conference, June 8-10, Toronto, ON.
- **Kortes-Miller, K.** (October 2024). Fraser Health Palliative Care Educational Event [Invited Keynote Presentation].
- **Kortes-Miller, K.** (June 2025). *Options and Opportunities at End of Life*. Hospice Palliative Care Ontario Conference. [Invited Speaker]. June 8 - 10, Toronto, ON.
- **Kortes-Miller, K.** (2025, May 29-30). Palliative Care Revolution: Care for Self, Care for Others. NL Palliative Care Association Provincial Conference. [Invited Keynote Speaker]. Corner Brook, NL.
- **Martin, L.**, Flynn, N., Allen, J., Halar, D., Noonan, J., Primrose, K., Pupella, N., Sattaur, F., Smith, R., Taylor, A., & Yarrow, H. Serious illness and palliative care - what we are learning from research, people, and the data. [Poster Presentation]. *The 4th Annual Canadian Health and Wellbeing in Developmental Disabilities Digital Conference*.

February 5-6, 2025. (virtual)

- O'Connor, D., **Braun, J.**, & Mariotte, N. (July 2024). Confusion, capacity and the law: Exploring the intersection between the law and practices of front-line workers in understanding and assessing (in)capacity in adult protection. International Academy on Law and Mental Health, Barcelona.
- O'Connor, D., **Braun, J.**, Hall, M., & Mariotte, N. (July 2024). Rethinking the law/practice interface: Participatory action research (PAR) as a methodology for strengthening integration. International Academy on Law and Mental Health, Barcelona.
- **Prince, H.** (2025, June 18-20). *Creating Spaces and Places to Honour Indigenous Knowledge in Palliative Care: Addressing the Need for Culturally Safe-r Care for Indigenous Peoples [Keynote presentation]*. 4th International Research Seminar EAPC Reference Group on Public Health and Palliative Care. Victoria, BC, Canada.
- **Prince, H., Fernandes, K., & Wyatt, J.** (2025, June 8-10). *Walking Alongside Indigenous Peoples who are Seriously Ill: Developing Curriculum to Empower and Support Community Caregivers on their Learning Journey [Workshop presentation]*. Hospice Palliative Care Ontario. Toronto, ON, Canada.
- **Prince, H.** (2024, October 15-18). *Walking alongside Indigenous Peoples who are seriously ill: Education for community caregivers [Oral presentation]*. McGill International Palliative Care Conference. Montreal, QC, Canada.
- **Prince, H.** (2024, October 15-18). *Indigenous cultural safety training - Advanced illness, palliative care and grief [Oral presentation]*. McGill International Palliative Care Conference. Montreal, QC, Canada.
- **Prince, H.** (2024, September 18-19). *Journey to the spirit world: Addressing the need for culturally safer care for Indigenous Peoples [Keynote presentation]*. Palliative Manitoba Conference. Winnipeg, MB, Canada
- **Remenda, M.** (2025, February 4). *Decolonize Dementia Care: Culturally Safer Dementia Care for Residential School Survivors. [Poster presentation]*. Centre for Applied Health Research (CAHR) Showcase of Health Research, Thunder Bay, Ontario.
- **Remenda, M.** (2025, June 8-10). *Decolonize Dementia Care: Culturally Safer Dementia Care for Residential School Survivors. [Poster presentation]*. Hospice Palliative Care Ontario Conference. Richmond Hill, Ontario.
- Stajduhar, K., **Prince, H.**, Gerke, J., Bablitz, C., & Dosani, N. (2024). Towards equity-oriented palliative care: A pan-Canadian workshop on improvements in palliative care for individuals experiencing homelessness or vulnerable housing. Workshop presentation. Public Health and Palliative Care. October 22-25.
- **Wiersma, E.**, Hunter, A., & Li, J. (2025, February 13). Oasis presentation. Bay View Tower.

- **Wiersma, E., Sutherland, N.,** Li, J., Sepa, M., Hunter, A., Glover, D., Heribein, B., & Atkinson, J. (2025, February 26). Belonging and purpose: The experiences of people with dementia and care partners in participating in research. Presentation at Research Innovation Week, Lakehead University.
- **Wiersma, E., Sutherland, N.,** Li, J., Sepa, M., Hunter, A., Glover, D., Heribein, B., & Atkinson, J. (2025, February 26). Centring the lived experience of dementia: A collaborative approach to inclusive community development. Presentation at Research Innovation Week, Lakehead University.
- Williams, N., Guthrie, D., Hirdes, J., & **Martin, L.** (2025, June 8-10). Development of a novel approach to identifying home care clients who could potentially benefit from a palliative approach to their care. *Hospice Palliative Care Ontario Annual Conference*, Richmond Hill, Ontario.
- **Wyatt, J., Fernandes, K., & Prince, H.** (2025, June 8-10). *Advancing Culturally Safer Palliative Care Education for Indigenous Communities* [Poster presentation]. Hospice Palliative Care Ontario. Toronto, ON, Canada.
- **Wyatt, J., Fernandes, K., & Prince, H.** (2024, October 22-25). *Walking alongside Indigenous Peoples who are seriously ill: Education for community caregivers* [Poster presentation]. Public Health and Palliative Care.
- Yohuno, E., Bryson, M., & **Martin, L.** (2024). *Access to palliative care by persons with severe and persistent mental illness (SPMI): A Scoping Review*. [Poster Presentation]. *interRAI Canada Research Event*. July 21-22, 2024 (St. Catharines, ON).
- Yohuno, E., Bédard, M. & **Martin, L.** (February 7, 2025). Access to palliative care by persons with severe and persistent mental illness in Ontario. [Poster Presentation]. *2025 Showcase of Health Research, Centre for Applied Health Research at St. Joseph's Care Group*. Thunder Bay, ON.

4.4 Other scholarly activities

- **Costa, I. G.** (January 27, 2025). Our Voices, our Stories: Understanding the Impact of Digital Stories of People Living with Hard to Heal Wounds. Focus Group.
- **Costa, I.G.,** Levine, D. (2025). Our voices, our stories: An action-oriented outreach and knowledge exchange workshop series to Co-create the Patient Bill of Rights and Responsibility and Wound Prevention and Care. May 30, June 26, July 30, 2025.
- **Klarner, T.** Focus group for the research project: *Evaluation of 'Keep Moving'* Gathering feedback from program participants and family members. July 4, 2024, July 12, 2024, August 14, 2024.
- **Kortes-Miller, K.** (September 18, 2024). *Digital Stories to Capture Experiences with MAiD*. MAiD in Practice Virtual Conference. September 16 - 20, 2024. Virtual

Conference.

- **Kortes-Miller, K.** (November 14, 2024). Research Matters Shaw TV Guest.
- **Kortes-Miller, K.** (November 18, 2024). Canadian Federation for University Women (CFUW) Presentation on MAiD.
- **Kortes-Miller, K.** (December 2024). Age Friendly Annual General Meeting [Guest Speaker]. Age Friendly Thunder Bay. Thunder Bay, Ontario.
- **Kortes-Miller, K.** (May 2025). *How to Talk About Death & Dying: End of Life Conversations*. The Bone Collectors Podcast.
- **Kortes-Miller, K.** (March 2025). *Talking About Death*. Psychology of Aging, University of Ottawa.
- **Kortes-Miller, K.** (April 3, 2025). Sorry About Your Loss Podcast.
- **Kortes-Miller, K.**, Durant, K-L. (April 4, 2025). *Disrupting Death: Stories of MAiD*. Co-Created Podcast.
- **Kortes-Miller, K.** (June & July 2025) *Medical Assistance in Dying*. Psychology of Aging, University of Ottawa.
- **Martin, L.** (2024). Aging and Health in Underserved Populations. [Invited Speaker] CERAH North West Geriatric Care Conference. September 24, 2024 (Thunder Bay, ON).
- **Martin, L.** (2025). Improving access and facilitating system change for palliative care among underserved populations. [Invited Speaker]. Ontario Health, Community MOC Implementation Lunch & Learn. January 16, 2025 (virtual).
- **Wiersma, E.**, Gibbons, C., **Sutherland, N.**, Atkinson, J., Rutledge, S., Hunter, A., & Doughty Smith, S. (2025, April 17). *Navigating dementia: What to do after diagnosis* [Panel presentation]. 55 Plus Centre Lunch & Learn – Caregiver Speaker Series.
- **Wiersma, E.**, & Heibei, B. (2025, April 22). *King Charles III Coronation Medal Recipients* [Medal award].

4.5 Technical Reports

- **Wiersma, E.** & Li, J. (2025, August 15). Building capacity project case study—Rural Dementia Café, Kakabeka Falls, Ontario, Canada.
- **Wiersma, E.** (June, 2025). Building Community Capacity for Dementia Inclusion: An Action Guide.

5. CONTRIBUTIONS TO THE COMMUNITY (JULY 1, 2023 – JUNE 30, 2024)

In 2023-2024, CERAH staff and research affiliates were involved in the community in the following ways:

Local

- Age-Friendly Thunder Bay Partnership Committee
- BIG Stories: Age on Stage
- Compassionate Thunder Bay Committee
- Dementia Café: A Place to Belong
- Dementia Gardens: A Place to Grow
- Palliative Advocacy Care Team (PACT)
- Oasis (Senior Supportive Living) Thunder Bay
- Roots Community Food Centre Vice Chair
- Thunder Bay Counselling Board

Regional

- Behavioural Supports Ontario for the Northwest Region
- Care Partner Coffee and Chat Facilitator
- Caregiver Support Committee
- Caring Connections Chronicle newsletter (included in CERAH e-blast)
- Centre for Health Care Ethics
- Community Hospice Planning Group
- FNIMul Palliative Care Partners
- North West Dementia Working Group
- North West Regional Geriatric Education Collaborative
- North West Regional Seniors' Care Program Advisory Committee
- North West Regional Palliative Care Program Advisory Committee
- Regional Behavioural Supports Ontario Committee
- Regional Cancer Care Indigenous Cancer Care Committee
- Regional Palliative Care Education Collaborative

Provincial

- Behavioural Supports Knowledge to Practice Community of Practice
- Behavioural Supports Ontario Knowledge Translation and Communications Advisory Committee
- Behavioural Supports Ontario Provincial Advisory Committee
- Hospice Palliative Care Ontario
- MAiD Death Oversight Committee
- MAiD MD-SUMC Provincial Advisory
- Northeast Palliative Care Conference Scientific Planning Committee
- Ontario Caregiver Organization
- Ontario Palliative Care Network Partnership Advisory Council

- Ontario MAiD Death Review Committee Member
- Quality Hospice Palliative Care Coalition of Ontario (QHPCCO)
- Regional Geriatric Programs of ON Education Planning Committee
- Seniors Health Knowledge Network

National

- Age-Friendly Communities Hub, Canadian Association on Gerontology, SSHRC Grant
- Canadian Association on Gerontology
- Canadian Grief Alliance Executive
- Canadian Hospice Palliative Care Association
- Don Green Palliative Care Advocacy Team Advisory Committee, Canadian Cancer Society
- Health Canada Palliative Care Team and Marketing Division Advisory
- Bridge C-14 Inaugural Board Member

International

- BMC Health Services Research - journal article reviewer
- BMC Palliative Care - journal article reviewer
- British Society for Gerontology
- Citizenship & Dementia International Research Network
- Dementia: The International Journal of Social Research and Practice (Dr. Elaine Wiersma—Co-Editor)
- Global Qualitative Nursing Research - journal article reviewer
- Innovation in Aging Journal (Dr. Elaine Wiersma - Deputy Associate Editor, Qualitative Research)
- International Public Health and Palliative Care
- McGill International Palliative Care Conference
- Qualitative Health Research - journal article reviewer

6. FINANCIAL REPORT

6.1 Expenditures

The majority of expenditures are on human resources. During 2024-2025, CERAH employed ten core staff on annual contract renewal. The funds for salaries come from education contracts. CERAH also employs research assistants, project assistants and education facilitators on a fixed-term basis, depending on the project or research grant.

External grants and contracts fund all office and program delivery expenditures. Accounting is done project by project. Audits are conducted annually on MOHLTC and Ontario Health contracts. Funding for release time for the CERAH Director's administrative role, as well as funds for key activities such as travel and meeting expenses, is supported by an identified budget line allocation or by overhead generated from grants and contracts.

6.2 Revenues

CERAH receives no operating budget from Lakehead University. The university provides in-kind support in the form of office space, Information Technology services, accounting, human resources and research administration. CERAH highly values this in-kind support. The Director of CERAH is a full-time senior faculty member and is not financially compensated for this role. The Director receives one full course buy-out through non-university revenues of the Centre.

The primary ongoing revenue for CERAH is from the Ministry of Health and Long-Term Care and Ontario Health, which provides funding to support education for healthcare professionals. These contracts have been in effect since 1992 and 1997, respectively. Annual service plans are made for each contract, regular financial statements are provided, and annual audits are submitted. All funds are allocated to staff salaries and benefits, as well as program expenses.

Many CERAH staff members are part-time or hired on a fixed-term basis to accommodate additional contracts. Generating income can be quite challenging, as most CERAH contracts are with non-profit organizations or government-funded groups that do not, or cannot, pay any overhead fees.

Moving forward:

As we look ahead, CERAH continues to build momentum in advancing education, research, and collaboration across Northwestern Ontario and beyond. This year, we were pleased to welcome three new team members: Jiaqi Li, Research Coordinator; Trisha Wilson, Dementia and Seniors' Mental Health Knowledge Broker; and Marcie Hampson, Knowledge Broker Assistant. Their expertise and dedication strengthen our capacity to conduct research and deliver meaningful education.

We are especially excited to be preparing for our inaugural CERAH Conference. This year, the theme will be *Aging Across the Life Cycle*. This event will be a national gathering that brings together all four of our divisions: Aging in Place, Indigenous Peoples' Health & Aging, Palliative Care, and Dementia & Seniors' Mental Health. This flagship event will welcome over 300 participants from across Canada, creating a unique space for knowledge exchange, collaboration, and innovation in aging and health.

With the continued efforts of our staff, research affiliates, and students, CERAH is well-positioned to grow its impact both regionally and nationally. We look forward to building on our successes and working together to advance health equity, improve access to care, and support healthy aging across the life cycle.